Protect yourself and your family

Wash your hands regularly

1. Wet your hands
2. Put soap on your hands
3. Rub the soap over all parts of your hands for at least 20 seconds
4. Rinse your hands under running water
5. Dry your hands thoroughly with disposable paper towel or hand dryer

Staying apart keeps us together

For more information about coronavirus (COVID-19), please visit vic.gov.au/coronavirus

Authorised by the Victorian Government, 1 Treasury Place, Melbourne